



Training Specialist Professionals Basic Level

Basic Laparoscopy (L1)
Basic Hysteroscopy (H1)
N: 10 TRAINEES

[month] [day] to [day], [year]

[site]

[site]

Centre Director:

[name]

Chief Mentor:

[name]

Trainers:

[name] | [name] | [name]

This Project has received funding from the European Union under grant agreement: Project 101101180 – GESEA4EU
Co-funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Health and Digital Executive Agency (HaDEA)



Training Specialist Professionals Basic Level

Basic Laparoscopy (L1)
Basic Hysteroscopy (H1) Training

Programme

Day 1 [date]

08h30 **Welcoming of participants**

09h00 **ID on OSP Platform**

09h45 **GESEA Educational Programme**

10h00 **LASTT Basic Level Training**

Exercise 1: camera navigation
10-15 repetitions per participant
(each rep. 2' max)

Exercise 2: hand-eye coordination
15 repetitions per participant (each
rep. 3' max)

Exercise 3: bi-manual coordination
10-15 repetitions per participant
(each rep. 3' max)

11h45 Coffee Break

12h00 **HYSTT Basic level Training**

Exercise 1: camera navigation
10-15 repetitions per participant
(each rep. 3' max)

Exercise 2: hand-eye coordination
15 repetitions per participant (each
rep. 3' max)

12h45 Lunch Break

14h00 **Suturing Course**

- Basic loading techniques (loading the needle 90° angle);
- Stitching in the perfect stitch line with dominant hand;
- Loading the needle for open angle (two techniques);
- Stitching in the central line with dominant hand;
- Intra-corporeal knotting techniques (Gladiator Technique)

16h00 Coffee Break

16h30 **Final practical exercise**

18h00 **Closure**

Day 2 [date]

10h00 **SUTT Basic Level Training**

Suturing and knot tying Training and Testing: five stitches in the central line and one intracorporeal knot.

18h00 **Closure**

Centre Director:

[name]

Chief Mentor:

[name]

Trainers:

[name] | [name] | [name]

This Project has received funding from the European Union under grant agreement: Project 101101180 – GESEA4EU
Co-funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Health and Digital Executive Agency (HaDEA)

